

## **Earth to City Ecuador – Jungle**

### **Lago Agrio/Cofanes – Sample Itinerary for Monday, Feb. 23 – Friday, Feb. 27, 2009\*\***

#### **MONDAY**

~10 a.m. – Arrive in Lago Agrio by overnight bus, or by plane (Tame)\*  
11 a.m. – Tour of Petro Ecuador and oil wells  
2 p.m. – Leave for Cofan Dureno community with Roberto Aguinda, president of the Cofan community  
2:30 p.m. - Lunch with Cofan family\*\*\*  
3 p.m. –Tour and get to know Cofan community  
4:30 p.m. – Free time and rest in community  
8 p.m. – Typical dinner of maito (smoked fish wrapped in leaves) and chicha de yucca or chonta

#### **TUESDAY**

8 a.m. – Breakfast in Cofan community  
9 a.m. – Make jewelry from seeds and chambira plant thread with Cofanes  
12:30 pm. – Teach English to kids and/or adults at local school  
1:30 p.m. - Lunch  
2:30 p.m. – Collect seeds and chambira leaves for making jewelry  
6 p.m. – Rest  
8 p.m. - Dinner

#### **WEDNESDAY**

7 a.m. – Breakfast  
8 a.m. – Jungle walk; get to know medicinal jungle plants  
12:30 p.m. – Teach English to kids and/or adults at local school  
1:30 p.m. – Lunch  
2:30 p.m. – Goodbye to Cofan Durenos and leave for Cofan Pisuriel community  
4:30 p.m. – Arrive at jungle patrollers' cabaña  
5 p.m. – Rest, or fish in Agua Blanca river  
6:30 p.m. – Dinner  
7:30 p.m. – Night jungle walk to observe animals, insects and plants

#### **THURSDAY**

8 a.m. – Breakfast  
9 a.m. – Jungle walk with jungle patrollers, taking notes on animals and plants  
2:30 p.m. – Lunch  
6 p.m. – Rest  
8 p.m. - Dinner

#### **FRIDAY**

8 a.m. – Breakfast  
9 a.m. – Leave jungle patrollers' cabaña  
10:30 a.m. – Visit animal sanctuary in Pisuriel with cachama fish and jungle mammals

12 p.m. – Lunch in Lago Agrio

12:50 p.m. – Goodbye and departure

\*Lago Agrio is about 8 hours by bus from Quito, or 1/2 hour by plane

\*\*Itineraries vary a little from week to week, depending on the weather, the season, people's schedules, etc.

\*\*\*If tourist/volunteers are interested, the Earth to City guide can give one-hour Spanish lessons after dinner